

ST. JOSEPH'S ACADEMY

Peak Performance Mastery Workshop

Date: 10th December (Wednesday)

Time: 11:30 AM

Venue: St. Joseph's Academy, Savita Vihar

Organized by: Accounts Guru's

Resource Person: Dr. Vikas Vijay, Author of Together with Accountancy & Business Studies

Introduction

A special workshop titled "Peak Performance Mastery Workshop" was conducted for Class 12 Commerce students at St. Joseph's Academy, Savita Vihar. The session was led by the renowned educator and author Dr. Vikas Vijay, known for his expertise in Accountancy and Business Studies. The aim of the workshop was to guide students on how to maximise their performance in the upcoming Board Exams.

Objectives of the Workshop

To help students utilise their remaining preparation days effectively.

To provide clarity on chapter-wise expected questions.

To strengthen conceptual understanding and theory preparation.

To teach techniques to improve scores and avoid common exam mistakes.

Key Highlights of the Workshop

Dr. Vikas Vijay covered several valuable points during the session:

Effective Use of Remaining Days:

Students were guided on how to create smart study plans, prioritise topics, and schedule revisions to achieve peak performance.

Chapter-wise Expected Questions:

Important questions from Accountancy and Business Studies were discussed to help students focus on high-scoring areas.

Important Theory Questions:

Emphasis was given on mastering theory sections to boost overall exam scores.

Common Mistakes in Board Exams:

Dr. Vijay highlighted frequent errors made by students and explained how to avoid them for better results.

Handling Exam Stress & Blank-outs:

Practical tips were shared to help students overcome stress, remember chapters confidently, and maintain composure during the exam.

Paper Spoilers & Time-Wasting Questions:

The speaker warned students about questions that consume too much time and explained how to identify and manage them.

Cracking Tough MCQs:

Master strategies to solve tricky and lengthy MCQs were demonstrated.

Paper Attempting Strategy:

Students learnt the best way to start and finish the paper efficiently for maximum scoring.

Score Improvement Techniques (40% to 90%):

Realistic methods and disciplined approaches were discussed to help even average students show remarkable improvement.

Student Response

The workshop was highly interactive and well-received by the students. They participated actively, asked doubts, and appreciated the practical tips provided by Dr. Vikas Vijay. Many students reported feeling more confident and motivated for their upcoming board exams.

Conclusion

The “Peak Performance Mastery Workshop” was extremely beneficial for Class 12 Commerce students. It provided them with systematic strategies, clarity, and motivation to excel in their board examinations. The school extended heartfelt gratitude to Dr. Vikas Vijay and Accounts Guru’s for conducting such an insightful session.