

# ST. JOSEPH'S ACADEMY

## Bagless Day

**Classes: 4-9**

**Date-28,December,2024**

A series of thoughtfully designed activities were conducted, aimed at inspiring and engaging our Classes IV-IX learners. The National Education Policy (NEP) emphasizes the need for schools to embrace innovative and hands-on learning approaches that go beyond conventional classroom teaching. One such initiative is the introduction of "Bagless Days", which offer students exciting opportunities to participate in experiential activities, nurture creativity, and develop a sense of environmental responsibility. Several activities were conducted for the students of classes 4-9 to encourage learning in a fun-filled manner.

### 1. Poster Making Activity: 'We the People of India'

The objective of the activity was to encourage creativity and an understanding of the Indian Constitution's values. The students created posters representing themes like equality, unity, justice, or democracy leading to enhanced understanding of civic values and teamwork.

### 2. Discussion: Nutrition, Health, and Development

To promote awareness about nutrition and the changes during adolescence the session started with a short presentation on balanced diets and the importance of physical activity followed by a Q&A session for students to address their concerns. This led to a better understanding of healthy habits and the importance of self-care.

### 3. Talk on the Constitution and Movie Screening

The objective was to highlight the significance of the Indian Constitution in a relatable way. A short educational documentary about the Indian Constitution was shown to the students hence facilitating a discussion where students shared how the Constitution protects their rights. The outcome of the activity was an improved awareness of civic responsibilities and pride in constitutional values

### 4. Creating a Class Constitution

The main objective of the activity was to teach leadership, collaboration, and decision-making while including articles like respecting others' opinions, maintaining cleanliness, or fairness in activities thereby young learners getting hands-on understanding of governance and rule-making

### 5. Essay Writing: 'Imagine a Country Without Fundamental Rights'

Objective was to reflect on the significance of fundamental rights and allowing the students imagine and write about the consequences of a country without rights like equality, freedom of speech, or education and hence leading to deeper appreciation of fundamental rights and critical thinking skills.

#### 6. Unveiling the Minds of Innovators/Historians

Objective was to inspire students through stories of great personalities while discussing the achievements of innovators (like Dr. APJ Abdul Kalam) and historians thereby motivating them to learn from role models and value historical and scientific contributions

#### 7. Storytelling in English and Hindi

To foster creativity and communication skills students narrate engaging stories in English and Hindi leading to improved language skills and imaginative thinking.

This structured plan ensures that students from Classes 4-9 are engaged in meaningful and enjoyable activities while fostering creativity, critical thinking, and civic awareness.